#### 14 April 2010 Issue 11/2010



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### Upcoming Events

- Rugby/Hockey vs Pinetown
- Tennis vs Glenwood
- Blood Bank Clinic
- Gr 9 Parents' Evening
- Rock Circus at Barnyard
- Old Boys' Dinner
- Rugby/Hockey vs KES & Jeppe

# From the Head Master's Desk

Welcome back to everyone for the start of a hectic Term 2. In all my years of teaching, this is the shortest second term I have ever known, and as a result it is going to be a very busy one. We are writing examinations at midyear, and this is less than 7 weeks away. The boys cannot afford to miss a beat. I urge all parents to ensure that their sons are on top of things from day one. Because of the congested term, our very heavy extracurricular schedule is also going to take strain to complete. I want to make it quite clear that it is expected that all boys participate in the School's programme. For Grades 8 to 10 it is compulsory to participate in sport. Part of the success of our boys after school is as a result of the cocurricular activity in the School, and no boy should use academics as a reason to get out of it. What your son needs to learn is how to manage his time. If sacrifices need to be made, they must be made elsewhere. The benefits of team involvement, support, commitment and loyalty cannot be overstated. So do not ask for your son to be excused. Make sure time is allocated outside school to catch up if weak areas exist. Do not allow your son to fall behind. Keep in close touch with the School regarding your son's progress. Work with us and we will get the best out of your son.

Amongst all the activities during the holidays I was particularly proud of the U14A Rugby side. The school has been criticized for falling standards in Rugby, and some old boys have even used that as a reason for sending their own sons elsewhere. It disappoints me greatly, particularly as I am a great supporter of Rugby. We have not performed as well as we wanted, and that is a fact. The reasons for this are not simple. Irrespective, we have made a conscious effort to improve our Rugby this year, and I am delighted with the improvements I have seen. The U14 team was the unbeaten at highly competitive Skonk Nicholson Festival, and also beat Wonderboom from Pretoria. From all accounts they are developing into a highly competitive and committed group of boys. It is marvellous to see, and their success is a reflection also of the commitment in the age group, with 6 sides turning out, more than we have had for some time. Well done boys I am very proud of you! Your success augurs well for the future of Rugby at the school. Congratulations also to the coaching staff who have done such a great job, particularly Head Coach Mr Rooyakkers. He is a vastly experienced coach, and has had excellent support from new kids on the block, Mr Sibiya and Mr Levin. The new Head of Rugby, Mr Gericke, is proving to be an inspired choice, and the boys throughout the School have responded so well. I sincerely hope that the old boys now appreciate all our efforts and get behind us as we continue to build for the future.

**Durban High School** 

Head Master : Mr David Magner

Not long to the World Cup. Let's continue to be positive and aim for a hugely successful term.

"Be not afraid of life; believe that life is worth living and your belief will help create the fact." Henry James

#### Best Wishes

Dave Magner Head Master Class of 1973



Grade 9 Drama Clown Pracs



Hadippa - 28 & 29 April Tthe DHS Eastern Evenings are always a wonderful spectacle of colour, dance and music and this year promises to be no different.



Discovery SmartShark representative Dr Hageman, with Mr Gericke at their presentation on safe rugby to the School



Don't forget to pay your R5 and wear your soccer shirt on Soccer Fridays

# Magical Mystery Tour

The Music Department will be presenting a romp into nostalgia and "Beatle mania" when it stages "Magical Mystery Tour", a show featuring only Beatles songs - bringing back fond memories of the days when the "Fab Four", John, Paul, George and Ringo ruled the pop world!

After the enormous success of the film "Across the Universe" many young musicians and followers of music have been introduced to, and have learned to love the music of the Beatles, so the show will suit young and old alike.

"Magical Mystery Tour' will involve nearly thirty DHS musicians and singers and will feature some of the best known Beatles songs. It promises to be a colourful, foot tapping and sing-a-long show, so don't miss it. There is no doubt that ticket sales will be brisk - snooze and you'll loose. It is fitting that this tribute show should appear at this time because, forty years ago in April 1970 Paul McCarthy announced to the shocked world that the Beatles had split up.

The Production runs for a week in our very own Seabrooke's Theatre from 3 - 7 May nightly at 7pm. Tickets cost R40 for all shows with the exception of the Benefit Show for Mr Brian Green on Wednesday 5 May. Tickets for this show will be R100. (See page 5 for further details.)

Bookings can be made by contacting Mrs Karen Krause on 031-277 1500.

# From the Counselling Department

#### The Truth about Dagga

Dagga is one of the most widely used illegal drugs in South Africa. But what are the facts?

Physical problems caused by Dagga use:

- Accumulation of toxins in the fatty tissues, brain and other organs;
- Dagga disrupts brain functioning;
- Impaired concentration and short term memory;
- Abnormal cell division, causing severe hereditary defects;
- Suppression of the immune system;
- Possible irreversible brain damage;
- Pains in the back, legs, chest, stomach and head (for chronic consumers);

Mental Problem:

- Nervousness
  - Study difficulties reduced and ability to learn and retain information

- Personality and mood changes
- Apathy, drowsiness, lack of motivation
- Life seeming unreal
- Inability to understand things clearly

Over the last 10 years, millions of children of drug users have been born with serious defects including IQs that are 30 to 40 percent lower than children born to parents not smoking dagga.

Dagga contains 400 different chemicals; 60 have been proven to cause cancer.

THC, the strongest intoxicating substance in dagga, stays in the body fat for months, sometimes years, thus a person smoking dagga 2 to 3 times a week is constantly under the influence of this drug.

> "Say no to Drugs, Say yes to life"

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## The DHS Herald



1<sup>st</sup> XV vs Wonderboom



U16A vs Wonderboom



U14A in action vs Wonderboom



U14A vs Zwartkop at the Skonk Nicholson Festival at College



U15A vs Hudson Park at the Skonk Nicholson Festival

# 1<sup>st</sup> XV : KES and Wonderboom

The 1<sup>st</sup> XV travelled up to a very cold and wet Johannesburg to participate in the KES rugby festival. The festival was wonderfully organised and ran very smoothly indeed. School was drawn against two top Afrikaans speaking schools from Gauteng and against Parktown.

The first fixture against Eldoraigne was very physical and school played fairly well in patches but poorly in others. Both Eldoraigne's tries came from mistakes and poor decision making from school. The score at half time was 7-14 to Eldoraigne. Numerous kicks at goal were missed and this was to be a common trend for the rest of the festival. Eldoraigne ran out 21-14 winners but we felt that we had enough opportunities to win this game. Buthelezi scored two good tries from No 8 and Cope converted both.

Saturday saw two contrasting and very disappointing halves of rugby against Parktown. School were totally dominant in the first and should have led by at least 15 points but once again goal kicks and general play opportunities were squandered. Parktown upped their game in the second half and School were disappointing to say the least, losing 16-6. Cope and Payi each kicked a penalty.

Florida were one of the form teams at the festival but School lifted their game on the day and played their best rugby of the year thus far. Poor decision making and critical mistakes at crucial times still haunted this team. Florida ran out 10-6 winners and school missed four kicks at goal, just to add to the pain. Cope and Payi each kicked a penalty.

Friday 9 April saw School hosting Wonderboom High from Pretoria who brought down 5 teams. School were missing 7 first choice players but the match proved a good exercise as new and fringe players were exposed to the pressures of 1<sup>st</sup> XV rugby. School were very average in the first half but started to gel nicely in the second and were able to turn a half time deficit of 10-12 into a 19-12 victory. The most pleasing aspect of this victory after the three narrow losses in Johannesburg, was that the players took responsibility and control of the match in the last 10 minutes and made sure there were not going to be any surprises. Cope scored a try, kicked three penalties,1 conversion and a drop goal.

# **Skonk Nicholson Rugby Festival**

The Maritzurg College Skonk Nicholson Rugby Festival was an opportunity excellent to prepare the U14A, U15A and U16A sides for the season ahead, build team spirit and make new friends from all over the country. Twenty two provinces from 5 schools participated, each playing 3 matches.

The U14 squad showed great commitment, resilience and skill to remain unbeaten against three tough Afrikaans schools.

The U15 squad scored some excellent tries and showed that they have great potential. They ended the festival on a high note with an impressive win over a strong Hudson Park team. The U16 team were very competitive and were unlucky to loose a number of key players to injury.

Thank you to the coaches and managers who accompanied the various teams.

# Sport Results

#### RUGBY vs WONDERBOOM HIGH

| 1 <sup>st</sup> XV |      | 19 - 12 |
|--------------------|------|---------|
| $2^{nd} XV$        | lost | 7 - 10  |
| U16A               | lost | 7 - 27  |
| U15A               | lost | 3 - 33  |
| U14A               | won  | 12 - 3  |

#### **KES RUGBY/HOCKEY FESTIVAL**

#### 1<sup>st</sup> XV Rugby

| VS | Eldoraigne | lost | 14 - 21 |
|----|------------|------|---------|
| VS | Parktown   | lost | 6 - 16  |
| VS | Florida    | lost | 6 - 10  |

#### 1<sup>st</sup> XI Hockey

| VS | St Alban's    | lost | 0 - 1 |
|----|---------------|------|-------|
| VS | St Benedict's | lost | 1 - 2 |
| VS | St John's     | lost | 1 - 5 |
| VS | Parktown      | lost | 0 - 2 |
| VS | Jeppe         | lost | 0 - 3 |

# 'SKONK' NICHOLSON FESTIVAL at COLLEGE : 1 - 5 April

#### U14A

| VS | Zwartkop  | won  | 47 - 7  |
|----|-----------|------|---------|
| VS | Nelspruit | won  | 15 - 14 |
| VS | Brandwag  | drew | 10 - 10 |

#### U15A

| VS | Helpemkaar  | lost | 12 - 38 |
|----|-------------|------|---------|
| VS | Zwartkop    | lost | 31 - 7  |
| VS | Hudson Park | won  | 14 - 8  |

#### U16A

| VS | Middleburg    | lost | 0 - 17 |
|----|---------------|------|--------|
| VS | Hudson Park   | lost | 5 - 17 |
| VS | Trinity House | lost | 0 - 15 |

#### KEN FLORENS U14A HOCKEY FESTIVAL at NORTHWOOD

| VS | Parktown      | lost | 0 - 4 |
|----|---------------|------|-------|
| VS | Rondebosch    | lost | 0 - 8 |
| VS | St Andrews    | drew | 1 - 1 |
| VS | Paul Roos     | lost | 0 - 3 |
| VS | Prince Edward | drew | 0 - 0 |
| VS | Bishops       | lost | 0 - 3 |

#### **U16A HOCKEY AT WESTVILLE**

| Westville  | lost                  | 1 - 4                           |
|------------|-----------------------|---------------------------------|
| Clifton    | drew                  | 1 - 1                           |
| St Charles | lost                  | 0 - 1                           |
| Northwood  | lost                  | 0 - 1                           |
|            | Clifton<br>St Charles | Clifton drew<br>St Charles lost |

#### DHS INTERNATIONAL BASKETBALL TOURNAMENT

#### Final Positions : Division 1

- 1. DHS Horseflies / St Georges College - tie due to rain
- 2. Gateway
- 3. DHS Lions
- 4. Pretoria Boys
- 5. St Johns
- 6. Peterhouse
- 7. Falcon High
- 8. Alex High
- 9. Watershed

#### Final Positions : Division 2

Final Tournament Position:

- 1. DHS (Cubs)
- 2. St Johns (Zim)
- 3. St Albans (Pretoria)
- 4. DHS (Lions)
- 5. Westville Boys High
- 6. Kearsney College
- 7. Pinetown Boys High
- 8. Port Shepstone High
- 9. Brettonwood
- 10. New Forest

# ATHLETICS : SA NATIONAL YOUTH CHAMPIONSHIPS

This last weekend 10/11 April, Cameron Donkin represented KZN at the ASA National Championships held at Germiston. Being U16 he threw very well in the U17 age group to qualify for the final where he eventually came 11th.

Cameron is the first athlete from DHS to represent the province for almost 10 years. Well done, Cameron!

# SA SCHOOLS GOLF CHAMPS at DAINFERN

DHS finished 14th out of 21 schools in the SA Schools' Championships.

DHS's Bafana Bafana take on the "world" at the Mini World Cup

# **Congratulations!**

- Terry McDougall was placed 1<sup>st</sup> in SA in the U18 at the inaugural Varsity College Marine SA Schools Surfski Champs
- Reneshan Naidoo participated in the SA U19 Badminton Champs. The KZN Team won the Tournament Cup and Reneshan was selected Sports Boy of the Tournament.
- Jonathan Vandiar (Old Boy) was selected for SA A Cricket side to tour to Bangladesh.
- Jared Ryder was awarded a Bronze Medal at the SA Lifesaving Champs in PE during the Easter Holidays.
- Moonga Chipili and Lorenzo Rodrigues participated in the GFI Hong Kong 10's and came home with a Silver medal.



Terry McDougal paddles his way to being the SA Schools Surfski Champ

#### MINI WORLD CUP

DHS represented South Africa at the Mini World Cup at Moses Mabhida Stadium.

DHS beat Pinetown (Mexico) 2-1 and lost to Kloof (Argentina) on penalties in the quarter finals.

Thanks to all those who came to support us.



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### The DHS Herald

Rock Circus Fundraiser at the

World Knowledge Olympiad 13h30

Old Boys' Reunions and Dinner



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Inspired by our past, Committed to our future

We're on the Web! www.durbanhighschool.co.za

# Benefit Concert for Mr Green

Most people associated with DHS will know that Mr Brian Green, our genial, gentle strongman, injured his leg very badly and has been in hospital for the last two months. Recovery has been slow and it will be a while yet before he will return to teaching. His medical costs are going to be prohibitive, so the Music Department has decided to set aside one of the performances of "Magical Mystery Tour" as a benefit concert for Mr Green.

This performance will take place in Seabrooke's Theatre on WEDNESDAY 5 MAY. Tickets are R100 each. The Moms' Com will be providing snacks and there will be a cash bar. All profits from the bar sales will be added to ticket sales and the lump sum will go to Mr Green.

Please support this concert. It is the very least we can do for a man whose dedication to his vocation and to DHS has been extra-ordinary.

## The Week Ahead

Thursday 15 April Badminton A, B, C & D Tennis vs Redhill School

Friday 16 April KZN Inter-Schools Squash Tournament (on 18/4 as well) Rugby vs Westville

Saturday 17 April Rugby / Hockey vs Pinetown (a) Tennis vs Glenwood

Monday 19 April Blood Bank Clinic at DHS

Tuesday 20 April Gr 9 Parents' Evening : 17h30

### **Rugby Fixtures**

#### Rugby vs Westville (h) : Friday 17 April

16h00

15h00

14h00

16h00

15h00

14h00

| U16C vs U16D |
|--------------|
| U15C vs U15D |
| U14C vs U14D |
| U14D vs U14E |
| U14E vs U14F |
| U14F vs U14G |

Van Heerden Van Heerden Van Heerden Nourse Nourse

Nourse

Ref - Wessells Ref - Levin Ref - Sibiya Ref - Curtis Ref - Gwala Ref - Shabalala

Wednesday 21 April

Thursday 22 April

Friday 23 April

Saturday 24 April

Monday 26 April

Tuesday 27 April

**Public Holiday** 

Rugby/Hockey vs KES

Rugby/Hockey vs Jeppe

Barnyard Theatre

|  | n (a) : Saturday 17 | 7 April   |
|--|---------------------|---|
| 1 <sup>st</sup> XV vs 1 <sup>st</sup> XV | 11h30               | Coach - Gericke/Norton                            |
| 2 <sup>nd</sup> XV vs 2 <sup>nd</sup> XV | 10h30               | Coach - Stewart                                   |
| 4 <sup>th</sup> XV vs 4 <sup>th</sup> XV | 08h30               | Coach - Bennett                                   |
| U16A vs 3 <sup>rd</sup> XV               | 09h30               | Coach - M Adam                                    |
| U15A/B vs U15A                           | 09h30               | Coach - B Adam/Brown                              |
| U15B/C vs U15B                           | 08h30               | Coach - Mndaweni/Lawrenson                        |
| U14A vs U14A<br>U14B vs U14B             | 09h30<br>08h30      | Coach - Rooyakkers/Thomes<br>Coach - Sibiya/Levin |

### Moms' Com : CANSA Relay for Life

A month ago it was the Interact boys who participated in the CANSA Relay for Life at Crawford LL.

On Saturday 17 April it will the DHS Moms' Com who will take up the challenge when they participate in the overnight Relay for Life in Westville.

The Moms will be selling muffins at the Relay to raise funds for CANSA. Please consider supporting their efforts by donating one dozen muffins. Either bring them to School (Reception) on Friday or show your support by bringing the muffins to the Relay which is being held at the Westville Prison Recreational Club, Glenhove Rd, off Harry Gwala Road, Westville.

The opening ceremony is at 16h00 and the walk finishes at 07h00 on Sunday morning.



# ~~~~~~

DHS Association's Old Boys and Friends and Dinner and Reunions

The Old Boys and Friends Dinner and Reunions will be held on Friday 23 April this year, not over the Founders' weekend as usual, because of the World Cup.

Reunions will be held from 17h30 to 19h30 for the following years: 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995 and 2000.

The dinner is from 19h30 for 20h00. Bookings for the dinner close on Monday 19 April.

Please contact Karen Krause for further information on the dinner and reunions: <u>karen.krause@durbanhighschool.co.za</u>

Michael Cornelissen of the Class of 1960 has also put together a virtual" reunion through the following web site: http://www.dhs-class-of-



WEDNESDAY 21 APRIL 2010 DOORS OPEN 18H30 | SHOW STARTS 20H00 TICKETS: RI20 PP TABLES AVAILABLE CALL: 031 277 1500

DHSMATRICDANCE200

#### DHS High Performance Centre

Durban High School together with Ashleigh Hall and Associates, brings you the DHS High Performance / Sports Medicine Centre. The Sports Medicine Centre has been created as an integral part of the DHS High Performance Programme, whilst also providing the Musgrave area and DHS community as a whole with a modern, cutting edge Medical facility.

Services include:

| GP                       | Physiotherapists    |
|--------------------------|---------------------|
| Chiropractor             | Biokineticists      |
| Dietician                | Sports Psychologist |
| Sports Massage therapist |                     |

Ashleigh Hall and Associates is an established team of well known experts in the medical field, all with outstanding reputations in private practise. The team includes practitioners such as:

- Dr Craig Springate (current Sharks GP and DHS Old Boy); as well as
- Daniel Garnett (current Sharks U20 Physiotherapist and Old Boy).

The centre is OPEN to the public, and has a separate entrance on Essenwood Road

Scope of practise:

- Sports Injuries
- General Musculoskeletal Injury
- Sport Performance
- Dietary Evaluation And Guidance
- General Health Assessment and Guidance
- Post-Operative Rehabilitation

Phone: 031-811 2160 Support the DHS HPC and invest in the future of this great institution!

# French Lessons at DHS

French tuition for beginners available at DHS between 2:30 pm and 4:00 pm daily. Classes are once a week and pupils may choose which day of the week suits them. If interested please fax name, grade and day of choice to Mrs van der Merwe.

Payments for the tuition is to be made in advance. Cost:

| n uuvunee.  | 0050  |
|-------------|-------|
| Annually    | R1900 |
| Bi-annually | R980  |
| Per term    | R500  |