The DHS Herald

14 October 2010 Issue 32/2010



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From the Head Master: Mr David Magner

From the Head Master's Desk

At last the strike is officially at an end. We are delighted, as it was certainly a worry hanging over our heads that the end of year could be interrupted. Thankfully we can focus our energies on the end of year arrangements. Exams are around the corner and it is imperative that the staff and boys can focus their attention on them, and not on any sideshows. Thank goodness sanity has prevailed!

It is great to see our boys doing well in sport. The 1st Basketball, Water-Polo and Cricket teams defeated Hilton last weekend. Our Cricket guys have had a fine run of late, and their 7 wicket win on Saturday was a clinical effort. They have really improved this year, and credit must go to the boys and staff for the commitment we have seen. Nathan Poole has proved a sound captain, leading by bustling example with bat and ball. His year has been crowned by selection as Captain of the KZN Coastals U19 team, a fine end to an excellent year of Cricket. The team was fairly young inexperienced at the start of the season, but they have grown into a competitive outfit. My thanks also go to 1st XI Coach, Alan Norton. A man of vast experience and knowledge, he has been instrumental in the success of the team. His uncompromising style has worked well with the boys. He is always tough, but also fair. His decisions are in the team's best interests, and his approach to the team has certainly been vindicated. We are indeed fortunate to have someone of his ability to coach the 1st XI, and his long hours of commitment are very much appreciated.

Speaking of Cricket it was great to see the success of old boys over the last week. Hashim Amla was not successful in being crowned International Test Cricketer of the year - a guy by the name of Tendulkar won that! - but he was chosen in the World XI for tests. This is a singular honour for a great young cricketer. He then was involved with two other old boys in making a great score against the Warriors last week. He, Imraan Khan and Jon Kent did really well for the Dolphins. Well done to all of you; you make us proud. I am sure that their performances will inspire a future generation of first class cricketers who will emerge out of DHS.

Durban High School

Our Water Polo sides take part in the Top 10 Tournament this weekend. The 1st side had a very successful SACS Festival, and we hope they can carry that into this weekend's competition. Under Mr Stewart and Mr Comins our Polo has really improved, and we are confident that we will continue to improve in years to come. Our Basketball teams continue to be unstoppable! It is wonderful to see the commitment and passion of these boys.

Next week is Speech Day. Jeff Thomas is the guest speaker and we are looking forward to this wonderful event. It is always a highlight of the year, and I look forward to it very much. I hope that parents and friends of the school will join us for what is always a fabulous morning.

Have a great week.

"Live with your whole being all the days of your life. Your reward will be true happiness." Rebecca Shane

Dave Magner Class of 1973



Prefect Camp

Every year, shortly after they have been announced, we take the new prefect body on a weekend away and, for the last few years, the venue has been Khotso Horse Trails in Underberg.

We left school shortly after 07h30 on Sunday 10 October to make the uphill trek into the hills of the Southern Berg. Upon arrival a few surprises were thrown at the boys - as is the norm on these weekends - where the real "mountain men" soon stood out from the handful of boys who feared that loss of cellphone reception was permanent.

The facilities at Khotso are perfect for our needs i.e. lots of big mountains to watch the boys climb up. Aside from hiking and there was plenty of that the weekend was spent riding problem-solving horses, team-building engaging in exercises. A particular highlight this year was the inclusion of an Über-Rein, Survivor-inspired adventure race which will definitely become a permanent fixture for future programmes. When not on horseback or up a mountainside. boys the attended seminars and workshops in preparation for These covered various aspects of leadership as well as covering scenarios unique to DHS.

It is tradition that on the second night the boys put on a variety concert for the staff in the log-cabin which, this year, included some "guerrilla theatre" by Selo Sithole, Blessing Xaba, Njabs Mthetwa and company; as well as a surprise performance by outgoing Head Prefect, David Prinsloo.

The final day saw the annual hike up Bamboo Mountain which is probably the most strenuous physical activity many of the boys had ever experienced. But, as with previous years, the boys came through with flying colours, returning to the foot of Bamboo with satisfied grins on their muddy faces and thoughts of junk food on their minds. The boys handled themselves well on the hike and showed determination in overcoming the arduous challenge purely for their own self-satisfaction and sense of achievement

The weekend was an enormous success and instilled one with the confidence that the prefect body for 2011 is a unified group of critical thinkers, ably led by Matthew, Shaun and Jireh, who are determined to speak with one decisive voice. I have high expectations for this motivated and creative group.

My thanks must go to Messrs et Mesdames Rob Smyth, Chris Rein, Dave Dunn, Sharon Drew and Menoli Gounden for their able assistance and input which they give so freely every year, resulting in a highly enjoyable experience surrounded by open space and great company. Without their help these weekends simply wouldn't be possible, and this was illustrated Technicolor© in when I went "man-down" on the final day with dehydration and any one of a myriad Berginspired bugs! Ta guys, I'm really grateful.

Until next year!

Shaun Gray M-i-C: Prefects



Extra-Mural Results

CRICKET vs HILTON COLLEGE

1 st XI	Hilton	171/9
	(Michaux 3-23)	
	DHS	172/3
	(Poole 63*)	
	DHS won by 7 w	ickets

2 ^{na} XI	Hilton	168
	Pieter 3-45	
	DHS	169/6
	(Govender 37, v	van Heerden
	45, Pellew 33)	
	DHS won by 4 v	vickets

3 rd XI	DHS	72
	Hilton	76/0
	DHS lost by	10 wickets

U16A	Hilton	171/7
	(Pillay 4-49) DHS	141
	(Pillay 42) DHS lost by 30	runs
	D113 1031 by 30	Turis

U16B	DHS	76
	Hilton	80
	DHS lost by	10 wickets

U15A	DHS	102
	Hilton	103/2
	DHS lost by 8	3 wickets

U15B	Hilton	238/8
	DHS	102
	DHS lost by	136 runs

U15C	Hilton	120/9
	DHS	121/8
	(Christianso	n 66)
	DHS won by	2 wickets

U14A	DHS	171/7
	Hilton	175/8
	DHS lost by 2	wickets

U14B	Hilton	280/5
	DHS	52
	DHS lost by	228 runs

U14C	Hilton	189/5
	DHS	98
	DHS lost by 91	runs

U14D	Hilton	110
	DHS	112/4
	(Govender 50)	
	DHS won by 6 wickets	

WATER POLO vs HILTON

1 st	won	12 - 8
2 nd	lost	4 - 8
U15	lost	1 - 12
U14	lost	1 - 10

ATHLETICS

Saturday 9 October five On athletes travelled gu Bloemfontein to compete at the Grey College invitation meeting. This prestigious meeting attracts schools from all over the country. The following results achieved by the DHS boys:

David Palframan Silver U14 4000m 52,76s (School Record) Mitchell Hayes **Bronze** U16 Shot Put 14,16m (School Record) Cameron Donkin U16 Discus Bronze 42,56m

Two of our athletes also competed the KZN Sub Youth Championships. Their results are as follows:

Anthony Mwanga	
Gold	U13 Long Jump
5,60m	
Ntandazo Mtshen	ıgu
Gold	U15 High Jump
1,80m	

GOLF vs WESTVILLE

DHS A Westville 6

Congratulations!

Scroll

The following boys received awards for Drama: Blessing Xaba Colours

½ Colours Jonti Richardson Junior Zulu Sakhile Nene Warwick Thomson Msawandile Zungu

- Reneshan Naidoo (15 years) competed in the SA U17 Badminton Champs where he was ranked 3rd after losing in the semi-finals. He is the first Junior to receive Senior Reneshan has been colours. selected as part of the All Africa U19 squad for next year. A team of 8 boys and 9 girls were chosen, of which 4 boys and girls will be chosen in May next year to represent SA U19 overseas.
- Travers Pellew competed in the "Lake Eland Super Classic" at Oribi Gorge, riding in the 45km mountain bike race and achieving 2nd place in the U18 Junior Men Division.

BASKETBALL vs HILTON COLLEGE

1 st Team	won	62 - 25
2 nd team	won	31 - 30
U16A	won	54 - 30
U15A	won	25 - 15
U15B	lost	13 - 15
U14A	won	14 - 10
U14B	won	26 - 4

Player of the day S Shange

BASKETBALL vs ST BENEDICTS





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The Weeks Ahead

Friday 15 October

Blackmore Dinner: Founders

Saturday 16 October

Cricket / Water Polo / Basketball

vs Kearsney College

Top 10 Water Polo : 16 & 17 Oct

Sunday 17 October Amashova Cyle Race

Monday 18 October

Blood Clinic: Hall: 08h30 - 14h00

Golf vs Northwood

Wednesday 20 October
Pro 20/20 Cricket vs St Henry's (h)

Thursday 21 October Senior Speech Day: 09h30 Friday 22 October

Final Matric Assembly: 08h00

Saturday 23 October

Cricket, Basketball & Water Polo vs

Westville

Monday 25 October Golf vs Clifton

Wednesday 27 October

Water Polo vs Kearsney

KZN Sport AGM Friday 29 October

Café Concert 100 Years of Rugby Dinner

Weekend Fixtures

CRICKET Fixtures vs Kearsney College (h): Saturday 16 October

Team	Time	Venue	Format	Coach
1 st XI	09h30	Theobald Oval (h)	50 Overs	Norton
U16A	09h30	DHSOB (h)	50 Overs	M Adam
U14C	09h30	Topfield (h)	20 Overs	Levin
U14D	13h30	Topfield (h)	20 Overs	Maungwa

CRICKET Fixtures vs Kearsney College (a): Saturday 16 October

Team	Time	Venue	Format	Coach
$2^{nd} XI$	09h00	A H Smith Oval (a)	50 Overs	Rein
3 rd XI	09h00	Osler (a)	20 Overs	Perks
4 th XI	13h00	Osler (a)	20 Overs	Gray
U16B	13h00	Rugby (a)	20 Overs	Crasso
U15A	09h30	Matteson (a)	50 Overs	B Adam
U15B	09h00	Rugby (a)	20 Overs	Gcilitshana
U15C	13h30	Hopkins (a)	20 Overs	Curtis
U15D	09h00	Astro (a)	20 Overs	Sithole
U14A	09h00	Roberts (a)	30 Overs	Donaldson
U14B	13h30	Roberts (a)	20 Overs	Coskey
U14E	13h30	Astro (a)	20 Overs	Sibiya

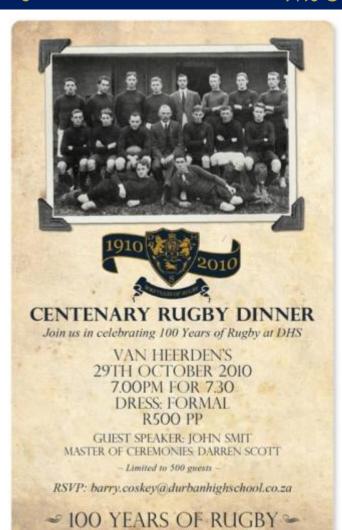
WATER POLO Top Ten Fixtures: Kings Park: 15 and 16 October

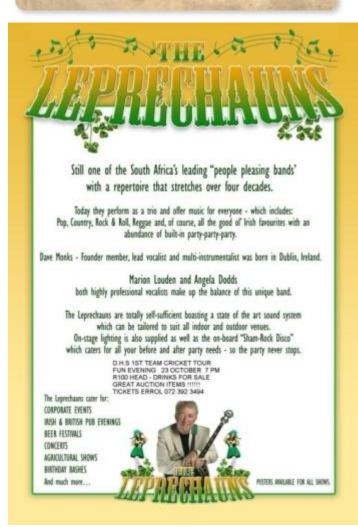
Friday 15	1 st	14h30 vs Hilton	16h45 vs Glenwood
	U15	14h30 vs Glenwood	16h45 vs Hilton
	U14	13h45 vs Glenwood	18h15 vs Northwood
Saturday 1	6 1 st	07h15 vs Northwood	10h15 vs College
_	U15	08h45 vs College	-
	U14	08h45 vs College	12h30 vs Hilton
Sunday 17	U15	07h15 vs Northwood	
J	1 st , U15, U14	10h15 until 16h15	

BASKETBALL vs Hilton College (a): Saturday 16 October

Time	Court 1	Court 2	Court 3
09h00	2 nd Team	U15B	U14B
10h30	U16A	U15A	U14A
11h30	1 st Team	U16B/U15B v	s U16







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Visual Performance Skills



Date: 8 November Time: 18:00

DHS, AJ Human Venue:

Room



WHAT IS IT?

Most people are born with the potential for good eyesight but vision, the ability to identify, interpret and understand what is seen, can be trained and improved. The eyes feed information to the brain which sets the body in

motion. If the eyes relay inaccurate or incomplete information. performance may suffer. Visual Performance Skills is a program specifically designed using

specialized visual specific equipment and programs to enhance academic and sporting performance.

Or Sheryle Calder, through her experience as a professional SA hockey player and coach of some of the world's top sports teams, has identified key areas of visual performance. With the help of her skilled, experienced team, she has devised a range of innovative, visual drifts and training programs, which improve visual fitness. The results have been exceptional

I key area of interest is the positive effects the training has had on Concentration.

DHS is hoping to introduce visual performance training into the sports and academic academies

Dr Calder will be speaking on the huge benefits these training programs have had on academic and sporting performance.

